

7TH ANNUAL GODDESS DIVINE FESTIVAL

9 August 2019 - Miss Belly Dance South Africa Competition
10 & 11 August 2019 - Workshops
10 August 2019 - Night of the Stars Gala Showcase



SADIE MARQUARDT

Goddess Divine Productions is proud to present Sadie Marquardt in South Africa for the first time ever! Sadie will be teaching workshops in Johannesburg on 10 - 11 August 2019, judging the Miss Belly Dance South Africa competition on 9 August 2019 and performing in the Night of the Stars Gala Showcase on 10 August 2019.

Workshops

SADIE'S ULTIMATE DRILLS AND COMBOS

This class allows the dancer to delve into technique and polish their dance vocabulary through a series of intense Sadie Drill Sets and Combinations. You will be introduced to several concepts that will unleash your potential to execute sharper, cleaner, stronger movements and isolations as you are guided through a series of Sadie's effective drill sets. This workshop will also cover the many variations of shimmies as well as add some exciting layers and Sadie's signature shimmy combos. It's a great workout and enhances coordination. Get ready to sweat and shimmy like you never have before! Sadie's Ultimate Drills and Combos will unleash your fullest potential and prepare you for her other workshops!

Suitable for all levels.

PHENOMENAL ABDOMINALS

Are you ready to put the "Belly" back in Bellydance and to discover all the amazing things you can do with your abdominals? Sadie will take you step by step through a series of techniques; drills and combinations that will help you harness your powerhouse. This workshop will unleash your maximum potential! The techniques will help you to create unbelievable undulations, rolls, flutters, pelvic locks, mayas, sways and so much more! And that is just the beginning!! In addition to mastering the secrets of these complicated bellydance movements, you will also receive the benefit of a high intensity Ab workout! Are you ready to get Phenomenal Abdominals?

Suitable for all levels.

ARE YOU READY TO DRUM SOLO?!

Experience the full potential of a Drum Solo, Sadie style. Sadie is world renowned as an authority on the bellydance drum solo and literally does not skip a beat. Learn how to apply her "Drum Solo Secrets" in one of Sadie's stellar Drum Solo choreographies

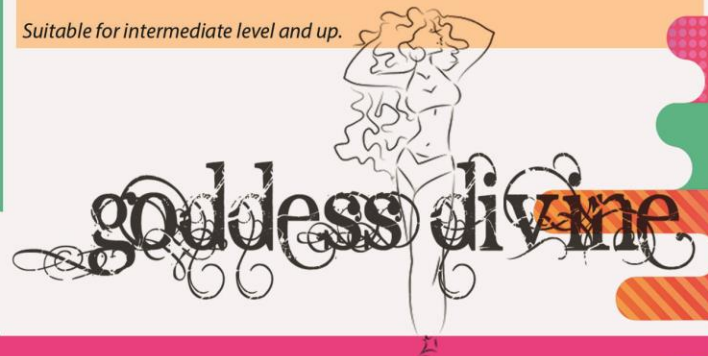
Suitable for intermediate level and up.

THE GOLDEN ERA BELLYDANCER

The Golden Era of Bellydance began in Cairo in the 1940's where names like Tahiya Karioka, Samia Gamal, Naima Akef hit the stage and the movie scene, they were stars and the dances they did were all the craze of their time and still today!! Their moves were elegant, graceful and poised. This style, for the most part, has had the most influence on what we refer to as bellydance today and is emulated in almost every style of bellydance seen today. Come get to know your roots as we explore the music, movements and techniques necessary to create that elegant Golden Era style.

Suitable for intermediate level and up.

 (083) 781 2766



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AMAR LAMMAR

Goddess Divine Productions is proud to present Amar Lammar at the Goddess Divine Festival! Amar will be teaching workshops in Johannesburg on 10 - 11 August 2019, judging the Miss Belly Dance South Africa competition on 9 August 2019 and performing in the Night of the Stars Gala Showcase on 10 August 2019.

Workshops

ISIS WINGS AND MAJENCE ROUTINE

The beginning of the show is one of the most important parts of a performance.

Why not start it with Isis wings?

You may think that there is nothing new about wings of Isis, that your audience is sooooo used to it, but there's more that you can do with the wings than simply keep them on your neck!

You can still bedazzle your audience by making different shapes and effects with the wings during the mejanca.

Come learn some new tricks with your wings and look fabulous in your next performance!

Suitable for intermediate level and up.

AMAR'S SPICY COMBOS AND STEPS THAT NEVER FAIL

Add some spice and sizzle to your bellydance routine!

In this workshop Amar will teach some of her favourite signature moves and impact steps that never fail!

These will then be combined into spicy combos that are guaranteed to delight your audiences.

Amar will also cover posture and arms, turns and flow for a better stage presence

Suitable for all levels.

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